Purpose at Work

What is The Purpose Lab Studio?



The Purpose Lab Studio is a leadership and organizational development partner. Through workshops, executive team sessions, coaching, and consulting, we help organizations navigate change, strengthen culture, and align people and responsibilities with their goals.

What can we help your team do?

Find shared direction

Clarify priorities, work through competing perspectives, and agree on decisions, owners, and next steps.

Work better together

Translate values into everyday behaviors, strengthen communication, and create practical agreements for collaboration.

Lead change with greater clarity

Support leaders through transitions and examine how roles, reporting lines, and decision-making serve organizational goals.

Executive experience. A deeply human approach.

Our founders bring decades across executive leadership, psychology, education, management, and experience design. Research and more than 75 discovery conversations inform a human centered process: listen, shape the work together, and adapt through feedback.

What can we do for your team?

Start with the challenge you need to address. We'll recommend a focused session or a connected partnership.

Executive team sessions

Align priorities, work through tensions, and leave with clear decisions, owners, and next steps.

Team workshops

The Purpose Table, Purpose Primer, Navigating Change Lab, Values in Action, and Team Design Lab.

Leadership coaching

Develop leaders through reflection and practical experiments, supported by a web-based app designed for Studio clients.

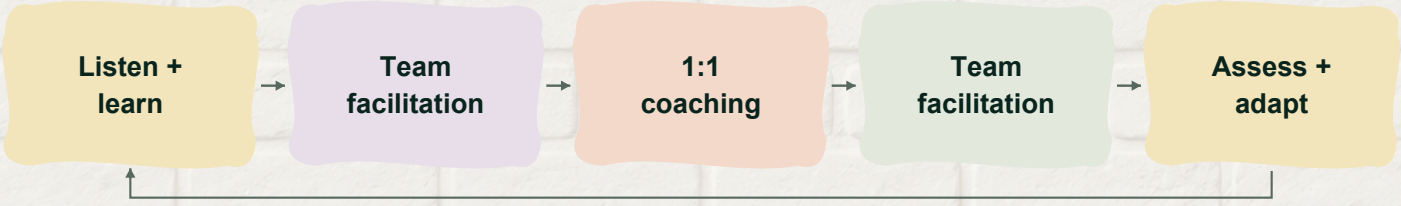
Ongoing consulting

Support change, strengthen culture, and align roles, reporting relationships, and decision-making with your goals.

Offsites + retreats

Bring the right conversations and experiences together in a focused gathering, with shared priorities, team commitments, and a plan for carrying the work forward.

One connected cycle of support



Listen to the team, facilitate shared work, support individual practice, reconvene, and assess progress. What we learn shapes the next cycle.

What is your team navigating?

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